

## Friends of Medford Rowing (FOMR)

### Board Meeting --- Meeting Minutes

April 13th, 2021 Via Zoom

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#### Updates

- **President update (Chris)**
  - Dock day went well. Most of the dock got in (all in now)
  - Strong wind storm
    - Biggest loss was the Unity
    - Also lost two 4's but they were designated anyway
    - Suggested Remedy: spiral anchors to secure the A-frames
      - Set of 16 = ~ \$150
  - Coaching launch went on 4/10. Thank you to Dan Galvin for his help.
    - We also dedicated/named the BU the Galvin in honor of Dan and Nancy for their unwavering commitment to the MHS rowing team
  - Discussion re: Coaches' Launches:
    - All motors have been serviced
      - Honda (ready-to-go) - on the metal stand (be careful since it is heavy and requires counter-balancing)
      - Nissan (ready-to-go but way too slow)
      - Mercury (for a boat with steering)
    - With three (3) workable launches, we may need to assess the 4th launch to see if it is usable
  - Coach Chris will get new keys for both he and Coach Aaron
- **Treasurer (Elaine)**
  - Tax filings for Federal
    - Extension to May 15 (normal filing takes place in November)
  - Tax Filing for the State
    - State
    - Attorney General (since we are non-profit)
- **Communications (Mark)**
  - Social updates have been made across Facebook, Instagram, Twitter
  - Proposed Website design project
    - Will reach out to Lisa Miller at Medford High School to see if we can enlist students help in web design (note: her child Ansell once rowed with the team)
- **Clothing (Joanne)**
  - Orders have been submitted (April 7)
  - Expecting initial shipments in 3-4 weeks
  - Finalized the JL Rowing order (\$1,953 needs to be paid via e-check)

- 23 items ordered
  - Unis, Compression Shorts, etc.
  - Will take 7-8 weeks to arrive
- **Boys' Team Update (Coach Chris)**
  - All four of the boys' boats are rigged
  - We can run four 4's
    - Having an 8-person boat may be too risky if someone becomes unavailable
  - We may have a cohort of 6 novices
  - Aiming to organize the boat yard
  - Looking to get rowers in the water by Friday and will assign cohorts based on approved athletes (clearance according to typical standards as well as COVID tests -- guidelines set by Dr. Kathryn Calpino)
  - Coach Chris is looking to arrange morning practices during school break
    - To be eligible for these practice sessions during school vacation, student must have been tested on 4/14 or 4/15
  - Candidate for Boys' Novice Coach was contacted but health issues prevent him from taking the position
    - Novice Position remains open
  - John Intoppa is available Mon, Wed, Fridays to help with coaching
  - Update on State competitions
    - If competition does not happen, then we may be able to conduct competitions locally on Mystic
      - Aaron: Somerville is only rowing 1's
  - Team communications: Coach Chris communicates through his captains
- **Girls' Team Update (Coach Aaron, Coach Sarah)**
  - Team communications:
    - Aaron and Sarah use email on a regular basis his athletes (excel sheets are used)
    - Every sunday, Aaron sends out a sheet for upcoming week practices with weather outlook etc.
  - We rigged the Galvin and the Vinnie
  - Cohorts:
    - We only have 7 rowers and 2 coxswains
      - Every day there is a different set and it gets rotated
      - We've been on the water for 2 days now
    - Sarah has about 14 novices and we got the approval to use the 8-person boat (we'll have a larger cohort and will rotate from a group of 9)
      - We have four (4) girls seeking a coxswain role
- **Given these numbers, we aim for getting six (6) boats**

## Old Business

- Chris DesAultes - equipment update and A frame
- More face shields purchased

## New Business

- Discuss Seniors, Awards & banquet (outside at Hormel?)
  - Awards to be determined
    - Best Novice, Most Improved, Coaches Award for all 4 teams
    - The McGlynn award, The Byron award
    - Best athlete
    - Chris DelloRusso to get Stacie list of all seniors
    - Stacie called O'Connors Somerville for awards
  - June 7th - Afterschool instead of formal banquet set for 3:30pm
- Fundraising
- Chipotle -June 2nd 4-8pm
- Recycling - August
- OPEN Discussion -How are things going

## Zoom Info

- Time: May 11, 2021 06:30 PM
- Join Zoom Meeting:  
<https://us02web.zoom.us/j/82912887021?pwd=aDhvd3ltRVRSRjBWNkVRaWMxSU1BQT09>
- Meeting ID: 829 1288 7021
- Passcode: 123175
- +13017158592,,82912887021#,,,,\*123175# US (Washington DC)