

FOMR Meeting
11/6/2019
RM V222
Start 6:30 Ended 8:35

ATTENDEES

Nancy Galvin, Jason Truong, Stacie Canavan, Suzannah Campbell, Michelle McAfee, Chris Della Russo,(Parent)Chris DesAultes

AGENDA

Reports from board:

Nancy:

- Blue plate finalized. The policy was cancelled and we will be getting a small refund
- Still working on finding assistant coach. Need to get school to place add and see status on Row2K
- Erg was purchased by FORM for \$525 and picked up by the Galvins
- East Cambridge Savings bank will donating \$500 to the team. A request was also submitted to Kiwanis
- Ann Farina will be out of office until 11/8 and will submit paperwork for reimbursements for both regattas.
- Old gas was disposed of by Calverts \$75 is owed to them. Gas tanks have been returned to the yard.

Stacie:

- Bake Sale was a success we made \$979.63

Jason:

- Handed out acct summary for the month (as of 10/31/19) We have 14,959.26
- Jason requested if possible that all reimbursements and deposits be held to give to him at the meetings. Of course, if there is a need for either to be done right away he is happy to do so.

Suzannah:

- Gave out food fee report of who paid and who didn't
- There was an overage of 106.74 which Suzannah offered to cover, we will plan budget as if only 2/3rds of the team will pay to avoid this in the future
- Paper goods and other supplies needed to run the food for regatta are being stored in Stacie's basement. There will be less of a start up cost for the spring because of the left over supplies.

Aaron:

- Replied to both Coach Akib at Mystic Valley and Coach Goldeheim at St Mary's emails.

Coach Akib was inquiring about setting up a "friendly" race before the end of the fall season. I suggested we set up a race during the spring season as he didn't get email until after states

Coach Golenheim has requested a spring race between our novice teams. After Spring schedule is set, we may be able to accommodate.

- Preliminary Spring Schedule:
 1. Novice Challenge May 2
 2. The Amber Zapatka Memorial Regatta FKA Lowell Invite May 9
 3. Mayor's Cup/Moose on the Malden May 16-17
 4. Spring States May 24
- Both coaches would like to get a few more local races with MV, SE, and Malden. It would only help going forward to states.
- He would like to start winter workouts right after winter break for kids not doing winter sports. Varsity girls would like it to start in Feb. This is still being discussed.
- Boat repair: We have a couple of boats, the Unity and a Kaspher 4 which need repairing.

Chris:

- Chris echoed Aaron as far as races and wanting compete with surrounding cities for practice. Chris will find out about the Bancroft regatta
- Winter workouts starting for boys not doing winter sports right after winter break 3 days TBD. Mon and Wed are definite days.
- He will be holding a meeting with the boys shortly to follow up
- He spoke to the boys about attendance also. The boys know going forward if you are not committed to the team you are not entitled to a race. You need to earn your place in a boat. He wants to start lineups and practice them It is very difficult to do that with people showing up late, or leaving early. There is no policy of just because you are on the team you are in a race.
- Neira's and MPRSA mandatory meetings for coaches will be held sometime in Jan/Feb
- As far as mandatory certifications MIAA just requires CPR and AED certification
- Athletic Fees still are an issue

Michelle:

- Handed out extensive research for clinics to support coaching efforts.
- CRI/US Rowing both hold clinics (Aaron holds two certifications for US rowing) CRI focuses a lot on safety
- The are moodles (online training) available for people holding memberships for US rowing.

Old Business :

Fundraising:

Bake sale went well for the first time. Stacie will research other venues and will adjust schedule to how many rowers need to be present when. Tried to sell Jingle Bell raffle tickets but no bites. Any rower with raffle tickets should give to Orlando to give to mom (Erica Putnam). Nancy suggests that we make baskets to raffle off at parent teacher meetings being held the 14th and 18th. Nancy to look into Amazon Smile and how we get the funds.

Duties of board members/ coaches:

Nancy had asked people to think about what their duties were for the role that they are in. We want to put together a binder to hand down to future board members, so there is no question on who is responsible for what. Us as a board are still unsure of who should be responsible for what. For example, gas. We can get gas but we need to know when and that is where coaches come in.

Suzannah is going to make a google doc to send to everyone to fill in. Be specific and detailed. It will probably go back and forth as we do this so we get it just right.

Just a reminder to be prompt when being asked to do something and if you can't please relay that also.

New Business:

Fall season recap:

Girls varsity did well despite the fact they had less coaching due to lack of coaches. Team building and basic stroke rowing skills were focused on. Hiring, Ben helped. Novice came along slowly but in the end did well.

Boys did as well as expected. 8's were not as successful as the 4's. Training is again hard with lack of coaches.

Attendance was a problem with both the boys and the girls. The coaches are putting together contracts of sorts to give to athletes, parents and board. Chris would like them to be signed by parents and coaches. There is no policy that just because you are on the team you get to row. You need to earn that right. Showing up late, leaving early or not showing up at all impedes you fellow rowers. Coaches want to practice the lineups they are entering in regattas.

Winterizing:

The raft was pulled in completely by Tuesday 10/30. Broken raft pieces were marked. Chris to follow up on how many and how much the doc pieces may cost. (DONE) **Saturday at 1pm 11/8** dryer sheets will be put in the shoes of the boats to detract critters. In future, shoes will be taken out and stored in bin to preserve shoes. There are 17 boats. Dan has most of the motors running again. One of the launches was repainted at the bottom and looks awesome.

Nancy wants to get bumpers to help with the preservation of the boats, holes etc.

Spring preparation:

Season officially starts the 3rd Monday in March. Practices held at the HS until river thaws. A date for boat yard clean up will be set at a future date. Coaches meetings will be held in Jan/Feb for Neira and MPRSA. Coaches meetings for the school are set on weekends. Boats will be need to be repaired. Nancy to give Stacie emails of 8th graders (incoming Freshman). (DONE) Stacie to make contact list to invite to Mayor's cup or local regattas.

Incidentals:

Jason and Nancy looking into updating mailing address to Jason's address instead of Loren's.

Chris D. to send board Malden Coaches contact info. Maybe a possible coach opportunity. ? she may be feeling unsupported in Malden.

Chris D. to send board the brand name of the dock, so replacement pieces be ordered over the winter.

Next Meeting:

Tuesday 12/3/19 V222 @ 6:30